



caregiver BOOTCAMP

04.07.18

Hear from experts in their fields, and learn more about essential caregiving topics, all in one place!

9:30-10:00 AM | REGISTRATION & BREAKFAST

10:00-11:30 AM | DEMENTIA OVERVIEW

Chiadi Onyike, MD, MHS, Director of Frontotemporal Dementia Program and Associate Professor of Neuropsychiatry, Johns Hopkins

Learn how to distinguish the different types of dementia and gain and understanding of the typical behaviors associated with the disease. Dr. Onyike will also be providing a special focus on FTD.

11:45-12:45 PM | LEGAL NEEDS

Elizabeth L. Gray, Elder Law Attorney, McCandlish Lillard

There are many legal needs to be taken care of, including powers of attorney and medical directives, wills and estate planning, guardianships, and long-term care planning. Learn where to turn for guidance.

12:45-1:30 PM | LUNCH

1:30-2:30 PM | COMMUNICATION & BEHAVIOR CHANGES

Maureen Charlton, BSW, Reminiscence Coordinator, Sunrise at Silas Burke House

For those with memory impairments, sometimes the only form of communication provided is through behavior. Learn strategies for effective communication, even as abilities are changing.

2:30-3:30 PM | KNOW YOUR COMMUNITY RESOURCES

Megan Descutner, RN, MS, CMC, Golden Pond Elder Care Strategies

You are not alone! A multitude of services are available right here in our area. Learn more about what's available and who to call.

DETAILS

DATE & TIME

Saturday, April 7, 2018
10:00 am to 3:30 pm
Registration at 9:30 am

MEALS

A continental breakfast and lunch will be provided free of charge!

LOCATION

Insight Memory Care Center
3953 Pender Drive, Suite 100
Fairfax, VA 22030

RSVP

Please RSVP to Lindsey Vajpeyi at lindsey.vajpeyi@insightmcc.org or 703-204-4664. You can also register online at InsightMCC.org.

MANY THANKS!

Thanks to Brightview Great Falls and Old Dominion Home Care for sponsoring our meals!

